



St. Monica's

SERVICE HOUR REQUIREMENTS

Year 1 & 2 Candidates are responsible for performing a total of nine hours of service in these categories:

Corporal Works of Mercy (4.5 hours) & Prayer (4.5 hours)

Because Christian service is integral to mature Christian faith, Candidates for Confirmation are required to serve the parish community through a service project. The goal of having the Candidates complete service like this is not for them to undergo "busy work," but instead it is our hope that this may begin to stimulate within them a lifelong habit of service and awareness of their role in our parish and in the larger body of Christ!

Some service opportunities for Candidates include:

Corporal Works of Mercy:

- **Feeding the Hungry:** Volunteering at the soup kitchen, helping with a food drive
- **Clothing the Naked:** Helping with a clothes drive, donating clothes, Volunteering at St. Vincent de Paul
- **Visiting the Sick or Imprisoned:** Volunteering at a nursing home, hospital, or visiting those in prison
- **Sheltering the Homeless:** Visiting a homeless shelter, volunteering with Family Promise
- **Burying the Dead:** Attending a funeral
- **Parish service opportunities**

Prayer:

- **All prayer hours logged must come outside of the Sunday Mass obligation**
- **Entering into the Spiritual Work of Mercy:** Prayer for the living and the dead
- **Time in the adoration chapel**
- **Praying a family rosary**
- **Interceding for family and friends**

All hours must be logged on our Service Hour Form, which can be found on our website: stmyouth.com.